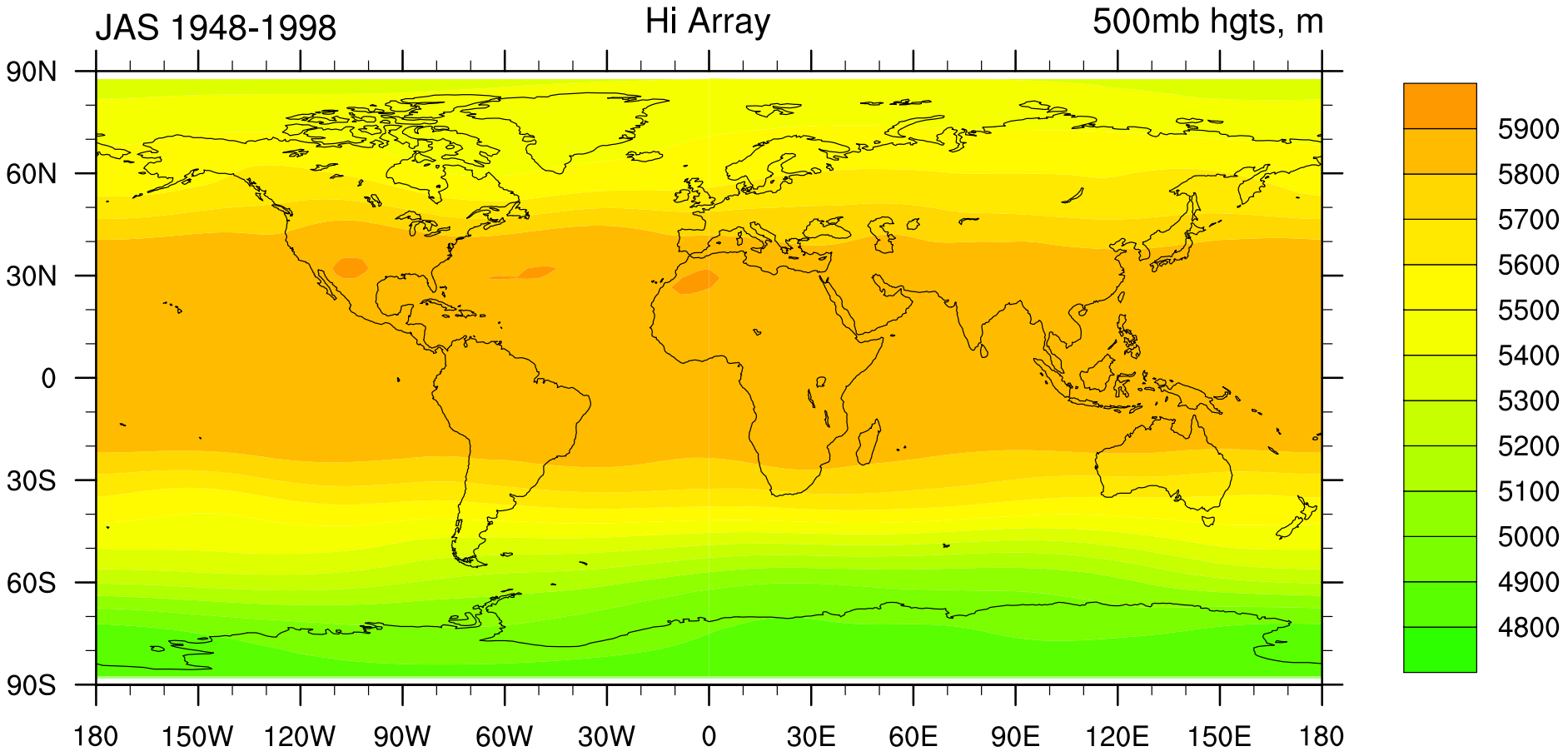Monthly mean geopotential height